

CONGREGATION SONS OF ZION

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Congregation Sons of Zion

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Dates to Remember:

Sept 2: Labor Day
Sept 7: Shabbat Services, 10am
Sept 11: Board Meeting, 7:30pm
Sept 13: Challah Havurah, 9am
Sept 14: Shabbat Services, 10am with song session following lunch
Sept 21: S'lichot
8:30pm Havdalah, Meet and Greet, Service
Sept 29: Rosh Hashana begins at sundown
Sept 28: : Shabbat Services, 10am
Sept 30: Rosh Hashana I
10am Service, mini Kiddush, Tashlikh
Oct 1: Rosh Hashana II
10am Alternative service in small social hall, mini Kiddush, Tashlikh



About the Month of Tishrei

Tishrei is the first month of the Jewish year. It is a month full of celebration. Beginning with the High Holidays, we celebrate Rosh Hashana, Yom Kippur, Sukkot and Simchat Torah. Each of these holidays is filled with meaningful customs and traditions. Throughout this month, there are plenty of opportunities to connect, to be inspired and become more fulfilled and in tune with our true inner selves. Tishrei is considered the “head” of the year and the source from which we draw our strength and inspiration throughout the upcoming year.



From the Rabbi

Last Wednesday, August 21, I set my watch alarm to wake me at 6:15 am so I could arrive on time for the 8:00 am morning minyan the next day at Sons of Zion. The alarm went off as usual. I woke up as usual. I turned off the alarm as usual. And, NOT as usual, I fell right back to sleep.

About half an hour later, I woke up again, realized what had happened, rushed through my morning routine, and arrived at the synagogue only slightly late. I opened the door for the person who had arrived on time, and we began the service.

Early in the service we come to the morning blessings. These blessings express awareness and gratitude each morning as we experience the phenomena of the new day. For example, the blessing for giving sight to the blind refers to our opening our eyes, for clothing the naked corresponds to our getting dressed, for releasing the bound reflects the act of sitting up in bed and stretching, and for guiding us on our path is for setting us on our destination, and so on. (These translations and examples are adapted from *The Complete ArtScroll Siddur* and *Siddur Sim Shalom*).

I like reciting these words at the beginning of the new day. They help make me mindful that even the most mundane actions of everyday living are a blessing that I should not take for granted. I am truly fortunate that I can wake up, get out of bed, get dressed, and so on.

Last Thursday I came to realize and appreciate an additional aspect of these blessings. Here's how it happened.

Many prayerbooks render the first of this series of morning blessings as our thankful acknowledgement for our God-given ability to distinguish between day and night. I much prefer the literal translation appreciating God for giving the rooster the ability to distinguish between day and night. Back in the day – before alarm clocks, it was the crowing of the rooster at the break of dawn that awakened us to the new day. Today for many of us it is the sound of our alarm clock, rather than the crowing of the rooster, that marks the end of night and the dawn of the new day, and that calls us to wake up and get moving.

Last Thursday, however, I heard the rooster/alarm clock awakening me to the new day, I turned it off, turned over, and went right back to sleep.

So when I said the blessing for the rooster/alarm clock near the beginning of the service on the morning that I overslept, something “dawned” on me: it is not enough to say a blessing to God for a rooster, an alarm clock, for clothes to wear, for so many of the other things in life that we need. **Our reciting a blessing is not just an expression of gratitude to God; it is also a call to action to ourselves.** If I thank God for my alarm clock (my modern day rooster), but go back to sleep when it sounds, what kind of a blessing is that?!

Stated differently, it is an important first step to feel and express gratitude to God for the blessings in our lives. But another step must follow: we need to make something of the blessing that we are thankful for. Am I thankful for the new day? Very nice. So what am I going to do with the gift of this day to make it meaningful?

Am I thankful to God for opening my eyes each morning? Very nice...for starters. But how am I going to respond to this blessing of sight by using it to make a positive difference each day I say this blessing?

It is important for us to express our prayers, our blessings, to God; but it is equally as important for us to make something of the blessings that we recite and that we have been granted.

In about a month from now, we will have the opportunity to hear another kind of sound, the shofar. It’s also a sound that we say a blessing over. But unlike a rooster crowing or an alarm clock buzzing waking our bodies from sleep, the shofar is a moral alarm clock that calls our consciences to action. Unlike thanking God for the rooster/alarm clock that announces each morning, the blessing over the shofar says nothing about the one who sounds the shofar. Instead it addresses each of us *lishmo’ah kol shofar* – to hear/heed/act in response to the sound of the shofar.

The word *shema* – hear/heed – in our prayers is sometimes directed to God; but just as often it is directed to us: to hear the call, wake up spiritually and morally, and take the appropriate action.

A poster outside the small sanctuary at Sons of Zion quotes Rabbi Abraham Joshua Heschel as saying: “A Jew is asked to take a leap of action, rather than a leap of faith.”

We don’t have to believe that God made the rooster crow at dawn or the alarm clock to ring to wake us up. But when the alarm is sounded at the beginning of each day or the shofar is sounded at the beginning of each New Year, may we have the strength, courage, and wisdom to hear, heed, and respond with a fitting leap of action.

With best wishes for a Good and Meaningful New Year,

Rabbi Saul Perlmutter

ELUL 5779/ TISHREI 5780

September 2019

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1 1 Elul ROSH HODESH ELUL	2 2 Elul NO MINYAN! LABOR DAY	3 3 Elul	4 4 Elul	5 5 Elul 8am Minyan	6 6 Elul	7 7 Elul Shabbat Services, 10am <i>Shofetim</i>
8 8 Elul	9 9 Elul 8am Minyan	10 10 Elul	11 11 Elul Board of Director's Meeting, 7:30pm	12 12 Elul 8am Minyan	13 13 Elul Challah Havurah, 9am	14 14 Elul Shabbat Services, 10am Song Session after lunch <i>Ki Tetzay</i>
15 15 Elul	16 16 Elul 8am Minyan	17 17 Elul	18 18 Elul	19 19 Elul 8am Minyan	20 20 Elul	21 21 Elul S'lichot, 8:30pm Havdalah, Meet and Greet, Service S'LICHOT <i>Ki Tavo</i>
22 22 Elul	23 23 Elul 8am Minyan	24 24 Elul	25 25 Elul	26 26 Elul 8am Minyan	27 27 Elul	28 28 Elul Shabbat Services, 10am <i>Nitzavim</i>
29 29 Elul EREV ROSH HASHANA BEGINS AT SUNDOWN	30 1 Tishrei ROSH HASHANA I 10am Service, mini Kiddush, Tashlikh	1 2 Tishrei ROSH HASHANA II 10am Alternative Service in small social hall, mini Kiddush, Tashlikh	2 3 Tishrei	3 4 Tishrei 8am Minyan	4 5 Tishrei	5 6 Tishrei Shabbat Services, 10am

DATES TO REMEMBER

Monday, September 2, 2019

Labor Day, no minyan

Saturday, September 7, 2019

Shabbat Services, 10am

Wednesday, September 11, 2019

Board of Director's Meeting, 7:30pm

Friday, September 13, 2019

Challah Havurah, 9am

Saturday, September 14, 2019

Shabbat Services, 10am with a song session to follow lunch

Saturday, September 21, 2019

S'lichot

8:30pm, Havdalah, Meet and Greet, Service

Saturday, September 28, 2019

Shabbat Services, 10am

Sunday, September 29, 2019

Rosh Hashana begins at sundown

Monday, September 30, 2019

Rosh Hashana I

10am Service, mini Kiddush, Tashlikh

Tuesday, October 1, 2019

Rosh Hashana II

10am Alternative Service in small social hall, mini Kiddush, Tashlikh

Congregation Sons of Zion welcomes you to join us for our High Holiday services and celebrations!

Services are led by Rabbi Saul Perlmutter and Dr. Max Chorowski with assistance from the Sweet Singers of Sons of Zion Chorus.

All are welcome and no tickets are required.

All services are held at:

**Congregation Sons of Zion
378 Maple Street
Holyoke, MA 01040**

There is plenty of parking in our lot and security will be provided thanks to the generosity of the Jewish Federation of Western Mass. Please use the accessible entrance on Cabot Street. For more information please contact us at (413)534-3369 or email us at office@sonsofzionholyoke.org.

Saturday, September 21, 2019, 8:30pm

S'lichot - Havdalah, Meet and Greet with sweet treats at 8:30pm, followed by service at 9pm

Monday, September 30, 2019, 10:00am

First day of Rosh Hashana - A traditional service with group aliyot followed by small Kiddush and Tashlikh

Tuesday, October 1, 2019, 10:00am

Second Day of Rosh Hashana - An alternative service, combining selections from our liturgy, sounding of the shofar, and small group discussions of a Rosh Hashana theme. Small Kiddush and Tashlikh at the canal at Heritage Park to follow.

Tuesday, October 8, 2019, 5:40pm (promptly)

Erev Yom Kippur
Kol Nidre

Wednesday, October 9, 2019, 9:30am

Yom Kippur - 9:30am service, 4pm Jonah reading and discussion, 5pm Mincha, 6pm Neilah and Havdalah. At approximately 7:15pm, Break the Fast.

We acknowledge the support of the Jewish Federation of Western Massachusetts, in particular it's Jewish Endowment Foundation, for helping to ensure the safety of our congregation during High Holy Day services.



Sunday, October 6th, leave SOZ at 11:00am: Sukkot Family Trip to McCray's

Sunday, October 13th at 4:00pm: Decorate the Sukkah

Sunday, October 13th at 6:30pm: Sukkot Potluck

Preceded by a short service

Pot Luck Supper in the Succah (*Dairy and Pareve Please*)

A-H Appetizer or Side Dish

I-Q Main Dish

R-Z Dessert

Monday, October 14th at 10:00am: Sukkot Service

Kiddush in the Sukkah



Monday, October 21st at 10:00am: Shemini Atzeret and YIZKOR

Kiddush in the Sukkah

Monday, October 21st at 5:30pm: Simchat Torah Potluck

A-M Main Dish

N-Z Appetizer or a Side Dish

Service at 6:15pm, Followed by Dessert

SOZ Provides Ice Cream Dessert

*Meals in the Sukkah are weather permitting.
Rain means we eat in social hall.*

*Eat in the
Sukkah!!*

CONGREGATION SONS OF ZION
378 MAPLE STREET
HOLYOKE, MA 01040
(413) 534-3369

*Eat in the
Sukkah!!*



Saturday,
September 14, 2019

After lunch, we will be
singing songs to tune up
for the High Holidays.

All are welcome!

S'l'ichot

A collage of Torah verses and Hebrew poetry to begin the High Holidays!

Saturday, September 21, 2019

8:30PM
MEET AND GREET
WITH SWEET
REFRESHMENTS



9:00PM
SERVICE LED BY
RABBI SAUL
PERLMUTTER

Congregation Sons of Zion
378 Maple Street
Holyoke, MA 01040
(413)534-3369

A beautiful and meaningful service

Use accessible
Cabot Street
entrance

Congregation Sons of Zion Cemetery Rules

CEMETERY SCHEDULE FOR THE SEASON OF ROSH HASHANA & YOM KIPPUR

SUNDAY, SEPTEMBER 22, 2019
MEMORIAL SERVICE AT 11:00AM

SUNDAY, OCTOBER 6, 2019
MEMORIAL SERVICE AT 11:00AM



THE CEMETERY IS NORMALLY OPEN FOR VISITATION.

CALL (413)575-0526 OR EMAIL JS24SALTMAN@GMAIL.COM FOR MORE INFO.

1. Synagogue member in good standing for at least 5 years prior to death are entitled to a free plot
2. Plot fee for non-members is \$4,500. Plot for a spouse on a double lot is \$2,250.
3. Opening and closing of grave is \$800
4. Perpetual care is \$1,500.
5. Cremated remains are permitted. Digging of hole for urn or ashes is \$100 in addition to the plot fee (instead of a grave fee).

Non-Jewish spouses or family members will be buried in a separate plot (no non-Jewish religious symbols are allowed).

No concrete vaults are allowed. Simple unfinished wood caskets only.

Taharah-ritual Jewish washing and shroud are required, but a shomer or watch person is optional.

A particular plot may be reserved for \$100. There are several plots in the new section that were previously reserved and are now unused. Please call for more details.

Contact Joanne Saltman with any questions at:
(413)575-0526 or js24saltman@gmail.com

CHALLAH HAVURAH

FRIDAY, SEPTEMBER 13TH AT 9:00AM

WE KNEAD YOU!!!!

**CONGREGATION SONS OF ZION
378 MAPLE STREET
HOLYOKE, MA 01040**

**RESEARCH AND LEARN HALLAH RECIPIES
FROM AROUND THE WORLD**



**FOR MORE INFORMATION
CONTACT: MAGGIE GRUSZECKI
(413)883-2307**



SPONSOR

A SHABBAT KIDDUSH

**CELEBRATE A BIRTHDAY, HONOR A LOVED ONE, MARK A SPECIAL
EVENT OR ACHIEVEMENT, AND SHARE IT WITH YOUR SONS OF ZION
FAMILY!**

Two Sponsorship Levels:

Sosvin Basic:

Our usual Kiddush, which
includes lettuce, vegetables,
tuna salad, herring, gefilte
fish, coffee, juice, and small
desserts - \$50



Kishuti "Fancy":

Everything in the Sosvin
Kiddush, plus lox, kugel,
and fancier dessert if
desired - \$75

Welcoming Our New Member

My name is Mady Schorsch and I have lived in the Pioneer Valley for almost 35 years.

I was born in NYC and after 18 years, decamped to Lower Michigan for seven years. Then I moved up to the Upper Peninsula where I lived for eleven years before coming here to Massachusetts.

I spend my time walking in the woods, riding my bicycle, cross country skiing, and snowshoeing. I love to read, and probably spend way too much time doing that. I volunteer with children at the Amherst Cinema and usher at the Fine Arts Center.

While I lived in the Upper Peninsula, I belonged to a small synagogue and I loved the fact that everyone counted and was part of the process; I am looking forward to becoming involved with the SOZ congregation.



Project Isaiah: Food Drive Benefitting Margaret's Pantry

Is not this the fast I (God) want?

To free people from all which cruelly oppresses them, to let the oppressed go free, to break every chain, to share your food with the hungry, to take the homeless into your home. Clothe the naked when you see him. Do not ignore a needy relative. Then light will break forth like the dawn, and your wounds will soon be healed.

— Isaiah 58:6-7, *From the Haftarah for Yom Kippur morning Adapted from The Mahzor, Rabbinical Assembly, and Tanakh, Jewish Publication Society*

Once again Sons' of Zion will be taking a food collection for Margaret's Pantry, an emergency food pantry in Holyoke. Our initial effort last year was hugely successful and very appreciated. Let's make this an even better year.

During the High Holy Days, it is customary to help those in need. The Tikkun Olam Committee asks that you participate in this effort by filling a bag with non-perishable food items and bringing it back on or before Yom Kippur. Bags are available as you enter the Synagogue from Cabot street and at several other locations in the building. When full, bags can be left in the small social hall as you enter the Synagogue.

Thank you for your participation in this mitzvah.

Margaret's Pantry is especially in need of the following items:

- Canned goods
- Meals in a can
- Soup
- Meal makers (e.g. Hamburger helper)
- Instant potatoes
- Spaghetti sauces
- Canned ravioli, pastas
- Packaged school snack items
- Ramen noodles



A Special Thank you to Our Sustaining Members

Andrew Barowsky*

Ned and Cindy Barowsky

Bonnie and Maggie Gruszecki

Alfred and Lee Hutt

Steve and Lois Levin*

Buddy and Margie Resnic

Michael and Joan Rosner

Bill and Joanne Saltman

**A special and heartfelt welcome to our newest 2019-20
sustaining members Andrew Barowsky and Steve and Lois
Levin*

Congregation Sons of Zion Legacy Society

☆ Congregation Sons of Zion Legacy Society ☆

The following congregants have made arrangements in their wills to leave a bequest to Congregation Sons of Zion and/or have named Congregation Sons of Zion as a beneficiary in their life insurance policy and/or have established a tax-deductible fund for the synagogue, retaining a lifetime income from the fund.

Anonymous (4)	Aaron & Gail Lansky
Elaine Baskin	Stephen & Lois Levin
Irene Bernstein	Stephen & Joan Levine
Joseph Boucher	Sidney* & Elizabeth* Paul
David & Nancy Carmen	Burton & Marjorie Resnic
Louise Citron	Michael & Joan Rosner
James Eisenstock	William Robbins* & Mollie Blatt*
Andrea Fox	Ellen Saltman*
Richard & Ellen Freyman	Paul Saltman
Albert Goldberg*	William & Joanne Saltman
Herbert* & Barbara* Goldberg	Elihu & Joan Schepps
Debra Goldberg and Seth Waxman	Nitza Seaver
Rose Gorin*	Charles Weinstein
Janet & Richard Greenfield	Frances Welson & Thomas Osborn*
Rachel Henderson	Sherwin & Rhoda Wernick
Alfred & Lee Hutt	Thomas & Eleanor Wilson
Ira Laby	

*Deceased

Congregation Sons of Zion Legacy Society has participated in Create a Jewish Legacy of Western Massachusetts, which is jointly funded by the Jewish Endowment Foundation and the Harold Grinspoon Foundation. The Federations of Western Massachusetts and the Berkshires are program partners.

For further information about supporting Congregation Sons of Zion through a legacy or planned gift, please contact Michael Rosner at office@sonsofzionholyoake.org or (413)534-3369. Thank you very much.



Donations: Thank you!

General Fund

- ✦ Elizabeth and Kevin Ferry: In memory of Harry Wolfe
- ✦ Andrea Fox: In honor of Jimmy Eisenstock's birthday
- ✦ Andres Fox: In honor of the "Greatest Generation"
- ✦ Andrea Fox: In honor of Zachary's 17th birthday
- ✦ Andrea Fox: In honor of SOZ's new security efforts
- ✦ Andrea Fox: In memory of Harry Wolfe
- ✦ Bonnie and Maggie Gruszecki: In memory of Bonnie's maternal grandmother, Evelyn Hecht
- ✦ Linda Januszkiewicz: In memory of Harry Wolfe
- ✦ Mary Januszkiewicz: In memory of Harry B. Wolfe
- ✦ Marion S. Poliakoff: To support synagogue activities, in memory of her dear friend, Harry B. Wolfe
- ✦ Ethan David Seidel and Rachel Breslow Seidel: In gratitude for use of SOZ's kitchen
- ✦ Richard Stone: In memory of his father, Lester A. Stone
- ✦ Richard Stone: In memory of his grandfather, Frank A. Stone
- ✦ Richard Stone: In memory of his grandmother, Celia Stone
- ✦ Richard Stone: In memory of his mother, Lillian C. Stone
- ✦ Charles Weinstein: In memory of his wife, Sandra Weinstein

Cemetery Fund

- ✦ Barry Hirsch: In memory of his mother, Gertrude Hirsch

Rabbi's Discretionary Fund

- ✦ Edith and Diane Eskenasy



"Toda" "Thank You"

September Yahrzeits

September 1 – 7: Rich Freyman

September 1 *Harry Berman
 *Jennie Lipshitz
 September 2 *Frank Goldberg
 Herbert A. Goldberg
 *Sarah Merkin Zellan
 September 3 Morris Goldberg
 *Rose Koufax
 *Jacob Nathan Solin
 September 4 *Martha P. Michaelson
 Ida Isenberg Stiller
 Harry Wolkoff
 September 5 William Fortgang
 September 7 *Lillian Leitzen

September 8 – 14: Andrea Fox

September 9 Samuel Adelson
 *Esther "Billie" Posnik
 Julia (Jewel) Berman Suher
 September 11 Hannah Esther Colodny
 Raymond Jacobson
 *Harry Marks
 September 12 Rivka Leitzen
 September 13 *Rabbi Leib Forer
 *Rose Judelson
 Simon Marks
 Hyman Sladofsky
 September 14. *Annie Radner

September 15 – 21: Ira Laby

September 15 *Mollie Altman
 Hyman Kramer
 *Sara Ziff
 September 16 *Mollie Blatt
 Sol Gold
 September 17 Theodore Adelson
 Jeannette Bloom
 *Abraham Saltzman
 *Lena Suher
 *Marian Saunders Wilson

September 18 Sophie Gelb
 Nathan Gerstein
 September 19. *Isadore Tim Cohen
 Margie Jeser
 September 20 *Dr. Morris Hilf
 *Dr. Joseph Pinck
 September 21 *Albert Goldberg
 Rose Baker
 Mirian Cotzin
 *Henry Daniels
 Dr. Max Reinisch
 *Sara Soltz

September 22 – 28: Lois Levin

September 22 Barbara S. Goldberg
 Henry Levine
 Helen Rabin
 Dora Rubin
 September 23. Simon Paul
 *Sam Wasserman
 Hilda Soltz
 September 24. George Lesnow
 Harry Wieder
 September 25 *Abraham Barowsky
 *Alfred Polansky
 Gladys Slotnick
 Sandra E. Weinstein
 September 26 Edith Wieder
 September 27 *Manuel Goldblatt
 September 28 *Pearl Goldenberg

September 29 – October 5: Steve Levin

September 30 Arthur Glasser
 October 1 Nathan Falk
 October 2 *David Barowsky
 October 3 *David B. Kagan
 Alice Kornetsky
 Joseph Margolis
 *Gussie Wilson
 October 4 Rose Paul
 October 5

FOR SOZ MEMBERS: WEEKDAY MINYAN SURVEY

Thank you to all of those who have responded to the survey. For those who haven't responded, there is still time. Your comments are important to us and we sincerely want to hear from you. Please use the link below to respond.

<https://www.surveymonkey.com/r/XHNW788>

How to Watch SOZ's Shabbat Services on YouTube:

Turn on your computer and speakers.

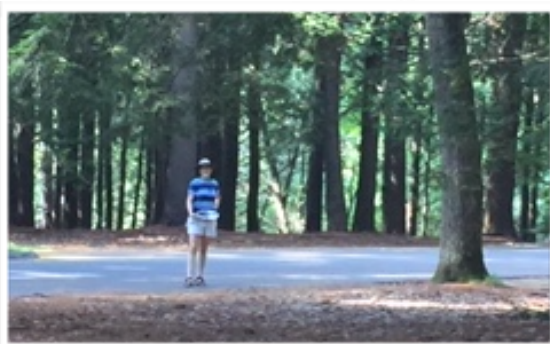
1. Run an internet browser (Internet Explorer or Chrome, for example)
2. Type **youtube.com** in the navigation bar and press enter.
3. In YouTube, type **Congregation Sons of Zion** (not just "Sons of Zion") in the box that says Search and then click on the magnifying glass or press enter.
4. Click on the video that has a red **"Live"** button on the bottom right corner. It may take up to 45 seconds for the video to load.

Services start at 10am. Shabbat Shalom!

SOZ Annual Picnic

Provided by Cindy Vieu

About 30 people had an awesome time at the SOZ Annual Picnic, but only the clean-up crew remembered to take pictures. Hooray for the clean-up crew!!!!



Ads from our Sponsors

ASCHER ZIMMERMAN Funeral Home, Inc.

Funeral Directors: 413-734-5229
RYAN S. ASCHER 888-827-2437
ROBERT P. ZIMMERMAN

EMAIL: ascherzimmerman@aol.com
WEBSITE: ascherzimmerman.com

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carmenarch@netscape.net

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SUITE 400
HOLYOKE, MA 01040

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FAX 413-536-4074

email kstdenis@rbwd.com

Westover Animal Clinic

☎ 413-437-0202

📍 1361 Memorial Drive
Chicopee, MA 01020



**Business Card Ads: \$180/Year - Please contact the
synagogue office at (413) 534-3369 OR
office@sonsofzionholyokey.org**

There is always room for more!!!