CONGREGATION SONSOFZION

Volume 5 | Issue 7 | March 2020 | Adar/Nisan 5780

Congregation Sons of Zion

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Inside This Issue:

| From the Rabbi2-3 |
|-----------------------------------|
| March Calendar4 |
| Dates to Remember5 |
| Bonnie Gruszecki's Kiddush |
| Flyer6 |
| Purim Celebration Flyer7 |
| Challah Havurah/Song |
| Session8 |
| Ellen Bernstein's Haggadah Flyer9 |
| SOZ Book Club Meeting/Cemetery |
| Rules10 |
| YouTube Instructions/Sponsor a |
| Shabbat Kiddush11 |
| Sustaining Members12 |
| Legacy Society13 |
| Donations14 |
| Yahrzeits15 |
| SOZ Adult Education Lecture |
| Series III Pictures16-17 |
| Ads from our Sponsors18 |



About the Month of Adar

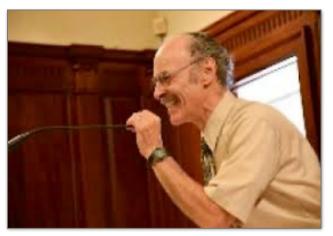
Known as a month of celebration and happiness, the late-winter month of Adar contains the joyous holiday of Purim that takes place mid-month. Purim, however, isn't the only thing that makes Adar special. The Hebrew name "Adar" is related to the word "*adir*," which denotes strength and power.

Adar is the only month in the Jewish calendar that comes back for seconds. The Jewish leap year, or *shanah me'uberet* (literally "pregnant year" in Hebrew), occurs approximately once every three years. In order to assure that the lunar months of the Jewish year stay in sync with the solar calendar, an additional month of Adar is added.

This year we enjoy a single Adar.

Volume 5, Issue 7

March 2020



From the Rabbi

What's in a Name: Some Reflections on Names in Judaism

As discussions are taking place in our synagogue about the possibility of changing its name, here are some reflections and suggestions that I hope might be helpful in the process.

K'shmo, ken hu. As is one's name, so is the person or entity. (I Samuel 25;25) Jewish tradition teaches us

that a name reflects the essence of that which bears the name. Jacob's name reflected his rivalry with his twin brother, Esau (Jacob means "heel," reminding us that from the very beginning of his life, he grabbed Esau's heel in an unsuccessful effort to prevent Esau from being born first). A name is descriptive.

Or a name can be aspirational. When someone is mortally ill, there is a Jewish custom of changing their name to Chaim or Chaya or adding Chaim or Chaya to their name. Since Chaim and Chaya mean life, the hoped-for result is that the person will remain alive, in accordance with the meaning of their new name.

Consideration #1 Since names are important because they describe something actual or hoped-for about the entity being named, what does this mean for our synagogue? Does the name adequately convey/accurately describe the institution as it is and/or as it aspires to be? It suggests that we might start with asking ourselves: what is at the essence of our synagogue? What is it that we feel most embodies what our synagogue is about? Or what do we hope for our synagogue to become? A first step is to articulate who we are/what we stand for or who we want to become. That may help us find a name that embodies who we are or how we want to develop.

Consideration #2 Who do we have in mind when we keep or choose a name for our synagogue? Members who are comfortable with the current size and name of the synagogue may not see a reason to change the name. On the other hand, members who are not comfortable with the name or who are concerned that it might hamper the growth of the synagogue by discouraging potential members from joining might want to modify or change the name.

#3 As we consider options.

Is the name inclusive? Would someone hearing the name feel attracted to or distanced from a synagogue with that name? The House of Prayer might be an accurate name describing some synagogues that focus on religious services only. But the Society for the Advancement of Judaism (an actual synagogue in NY) might be a more descriptive name for a synagogue that includes other activities. Is someone who is not a Son or who has no idea what Zion means likely to feel attracted or distanced from our synagogue?

Is the name understandable? Would a totally Hebrew name, for instance, be a minus for someone who doesn't know any Hebrew? Would a totally English name turn off someone who is appreciates

From the Rabbi (continued)

Does the name include emotional content? Some synagogues go by names like: Romemu (meaning Lift Up!, Exalt!), Hadar(meaning Glory, Beauty, Majesty), the Kitchen (suggesting sustenance for body and soul), or Ikar (the Essence). Would someone hearing a proposed name evoke the response: this is something I want to be part of!

Consideration #4 One name...or maybe two? (Not entirely serious, inspired in part by Purim.)

Can one entity have two different names? With the holiday of Purim just around the corner, we are reminded that the heroine of the story had not one, but two names. Take a look in Megillat Esther - the Scroll of Esther - Chapter 2 verse 7: "and he [Mordechai] brought up Hadassah, that is, Esther, his uncle's daughter..." Esther's other name was Hadassah. Jacob also eventually had another name: Israel. Is there any benefit to considering the possibility of having two names? Maybe a name with two parts; one English, one Hebrew?

Names are important; they embody identity and values. We may feel strongly about the names we like -- and don't like. Whatever we choose, may our discussions reflect the practice of the school of Hillel: to first respect and understand the position of others before presenting their own views. Together we will find what is best for our shul community.

Rabbí Saul Perlmutter



Shoshana Zonderman will be presenting at the ADULT EDUCATION CELEBRATION March 29th at 1:15pm

Shoshana Zonderman will be presenting a one hour workshop on March 29 at 1:15pm as part of the Jewish Community of Amherst's Limmud Day (Day of Learning.) The title is "Creating Meaningful Jewish Rituals." She will explore the process of creating Jewish rituals to enhance life cycle moments and other personal transitions that are not usually recognized in Judaism. She will discuss her own original ceremony for becoming a Jewish mother. Participants are invited to share unique rituals that they have experienced and to imagine future rituals that they might like to develop.

Please register for this workshop (and others) and come to lunch at noon. Register online at <u>http://bit.ly/jca50aereg</u>.

TEVET/SHEVAT 5780

March 2020

| Sun. | Mon. | Tue. | Wed. | Thu. | Fri. | Sat. |
|------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|-----------------------|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1 ^{5 Adar} | 2 ^{6 Adar} | 3 7 Adar | 4 ^{8 Adar} | 5 ⁹ Adar | 6 ^{10 Adar} | 7 ^{11 Adar} |
| | Minyan, 8am | | Mincha Minyan Schmooze, 5pm Service, 5:15pm | | | Shabbat Services, 10am followed by Bonnie's 60 th Birthday Kiddush |
| | | | | | | Turn clocks ahead before bed |
| | | | | | | Tetzaveh-Zachor |
| 8 12 Adar | 9 13 Adar | 10 ^{14 Adar} | 11 ^{15 Adar} | 12 ^{16 Adar} | 13 ^{17 Adar} | 14 ^{18 Adar} |
| Hamantaschen Bake, 1:30pm Light Dinner, 4:30pm Purim Schpiel Puppet Show for All Ages, 5:30pm | Minyan, 8am Potluck, 5:30pm Megillah Reading, 6:30pm Eat Hamantaschen, 7:30pm Fast of Esther | Purim | Mincha Minyan Schmooze, 5pm Service, 5:15pm Light Dinner, 5:45-6:30pm SOZ Board Meeting, 6:30pm SHUSHAN PURIM | | | Shabbat Services, 10am followed by Kiddush and Pre-Passover Song Session <i>Ki Tissa-Parah</i> |
| 15 ^{19 Adar} | 16 20 Ada | 17 ^{21 Adar} | 18 ^{22 Adar} | 19 23 Adar | 20 24 Adar | 21 ^{25 Adar} |
| | Minyan, 8am | | Mincha Minyan Schmooze, 5pm Service, 5:15pm Ellen Bernstein's Haggadah, 5:45pm SOZ's 116 TH ANNIVERSARY | | Challah Havurah, 9am | Shabbat Service, 10am followed by SOZ's 116 th Anniversary Kiddush Va-Yakhel- |
| 22 26 Adar | 23 27 Ada | 24 28 Adar | 25 ²⁹ Adar | 26 ^{1 Nisan} | 27 ² Nisan | 28 ³ Nisan |
| Tikkun Olam at Kate's Kitchen 11:45am | Minyan, 8am | | Mincha Minyan Schmooze, 5pm Service, 5:15pm | Rosh Hodesh Nisan | | Shabbat Services, 10am followed by Kiddush |
| | | | | | | Va-Yikra |
| 29 ^{4 Nisan} SOZ Book Club Meeting <i>Evergreen</i> , 9:30am Shoshana Zonderman at JCA, 1:30pm | 30 ⁵ Nisan Minyan, 8am | 31 ⁶ Nisan | 1 7 Nisan Mincha Minyan Schmooze, 5pm Service, 5:15pm | 2 ^{8 Nisan} | 3 ⁹ Nisan | 4 10 Nisan Shabbat Services, 10am followed by Kiddush Rebecca Marks' Bat Mitzvah Shabbat Hagadol |

DATES TO REMEMBER

Shabbat Services at 10am followed by Bonnie Gruszecki's 60th Birthday Kiddush Turn clocks ahead before bed

> Sunday, March 8, 2020 Hamantashen Bake, 1:30pm Light Dinner, 4:30pm Purim Schpiel *Puppet Show for All Ages*, 5:30pm Monday, March 9, 2020

> > Minyan, 8am Potluck, 5:30pm Megillah Reading, 6:30pm Eat Hamantaschen, 7:30pm

Tuesday, March 10, 2020 Shalach Manot deliveries

<u>Wednesday, March 11, 2020</u> Mincha Minyan - 5pm schmooze, 5:15pm service Light dinner, 5:45 - 6:30pm SOZ Board Meeting, 6:30pm

Shabbat Services at 10am followed by Kiddush and Pre-Passover Song Session Wednesday, March 18, 2020

SOZ's 116th Anniversary Mincha Minyan - 5pm schmooze, 5:15pm service Ellen Bernstein's Haggadah, 5:45pm

> Friday, March 20, 2020 Challah Havurah, 9am

Shabbat Services at 10am followed by SOZ's 116th Anniversary Kiddush

Sunday, March 22, 2020 Tikkun Olam at Kate's Kitchen, 11:45am <u>Thursday, March 26, 2020</u> Rosh Hodesh Nisan <u>Saturday, March 28, 2020</u> Shabbat Service at 10am followed by Kiddush Sunday, March 29, 2020

SOZ Book Club Meeting, 9:30am

Volume 5, Issue 7

Join us for a Festive Kiddush and Wish Bonnie Gruszecki A Happy 60th Birthday!! Saturday, March 7. 2020 Service begins at 10am Kiddush to Follow CONGREGATION SONS OF ZION **378 MAPLE STREET** HOLYOKE, MA 01040 (413) 534-3369 *Please use the Cabot Street entrance

Volume 5, Issue 7

March 2020

Adar/Nisan 5780

Be Happy!!!

It's Adar!!!



SUNDAY, MARCH 8, 2020

1:30pm to 4:30pm 4:30pm to 5:20pm 5:30pm to 6:00pm Hamantaschen Bake Light Dinner Purim Schpiel Puppet Show for All Ages

<u>RSVPs would be helpful.</u> Please RSVP on our website or you can email or call the office at <u>office@sonsofzionholyoke.org</u> or 534-3369.



You'll laugh out loud at this twist on the classic Purim Schpiel, performed with beautifully costumed hand-puppets above a 5'x 5.5' puppet stage.

Pictured at left: Haman (boo, hiss) whispers to King Ahashueros.

6:00pm to 7:00pm Please help assemble Shalach Manot

We share the joy of Purim by delivering, Shalach Manot, gifts of food to congregants who are homebound or rarely leave the house. *Everyone can participate in this mitzvah!!*

~Do you know someone who should receive Shalach Manot? Let the office know! ~Could you help deliver, Tuesday, March 10th, at any time? Let the office know! ~Please let us know by **Sunday, March 8th**. Thank you!!

Monday, March 9, 2020

5:30pm Potluck (dairy or pareve please)

A-L Appetizer or Side Dish M-Z Main Dish

6:30pm Megillah Reading

Choose a chapter - Gather family and friends - Act it out - Have fun!!! Be sure to register your chapter with the office at office@sonsofzionholyoke.org or 534-3369.

7:30pm Eat Hamantaschen!!!

TUESDAY, MARCH 10, 2020

Happy Purim!! Deliver Shalach Manot

CHALLAH HAVURAH FRIDAY, MARCH 20, 2020 AT 9AM

<u>We knead you!!!!</u>

Congregation Sons of Zion 378 Maple Street Holyoke, MA 01040



Research and learn hallah recipes from around the world the <u>2nd Friday of every month!</u>

PLEASE RSVP TO: MAGGIE GRUSZECKI (413)883-2307

Sponsored by: Harold Grinspoon Foundation and Congregation Sons of Zion

Saturday, March 14, 2020

We will be singing songs to enhance our seders as well as love songs from Song of Songs.

All are welcome!

Volume 5, Issue 7

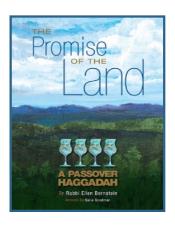
March 2020

Pre-Passover

Song

Session

Please join Congregation Sons of Zion as we welcome Rabbi Ellen Bernstein to discuss *The Promise of the Land*



The Promise of the Land haggadah understands that the freedom we celebrate on Passover depends on the earth's well-being. If the earth and its systems are compromised, our freedom is compromised. Life itself is compromised.

Now more than ever, we need holiday celebrations to inspire and embolden us to turn our hearts, minds and efforts towards the earth and all her creatures. The 50th anniversary of Earth Day this April affords us a special opportunity to help mobilize our communities.

Thirty years ago, with the 20th anniversary of Earth Day, Rabbi Ellen Bernstein launched Shomrei Adamah, the first national Jewish environmental organization. This year, she is working to help re-invigorate the Jewish environmental movement by seeding and supporting community-wide Passover Earth Seders in advance of Earth Day.

March 18, 2020 at 5:30pm

Wednesday Mincha Minyan will meet at 5:00pm to schmooze. Service will begin at 5:15pm. Presentation will follow the minyan service at 5:30pm.

The Promise of the Land will be available for purchase.



Congregation Sons of Zion 378 Maple Street Holyoke, MA 01040 (413) 534-3369 *Please use the Cabot Street entrance



SOZ BOOK CLUB MEETING Sunday, March 29th at 9:30am



Our next book by request is "Evergreen" by Belva Plain. The book is readily available from local libraries.

Yearning for a better life, Anna Friedman fled Poland for New York at the turn of the century. Finding work as a maid for the Werner family, Anna discovers an elegance beyond her dreams—and the passion of Paul Werner, a man beyond her reach, even when she is in his arms. But it is Joseph Friedman whom she marries. And through an act of illicit passion that will haunt her though all her days, Anna lifts Joseph from poverty to a wealth on which the Friedman dynasty would be based for generations. Sweeping from Jazz Age New York to Nazi

Germany to a sun-baked Israeli kibbutz, *Evergreen* has become a modern American classic– an epic novel that spans three generations of an unforgettable family–and exposes the heart of an extraordinary woman: her marriage, her children, her deceit.

"A magnificent story . . . this beautifully written book will be treasured and reread for many years to come."–*Library Journal*

Cemetery Rules

- 1. Synagogue member in good standing for at least 5 years prior to death are entitled to a free plot
- 2. Plot fee for non-members is \$4,500. Plot for a spouse on a double lot is \$2,250.
- 3. Opening and closing of grave is \$800
- 4. Perpetual care is \$1,500.
- 5. Cremated remains are permitted. Digging of hole for urn or ashes is \$100 in addition to the plot fee (instead of a grave fee).

Non-Jewish spouses or family members will be buried in a separate plot (no non-Jewish religious symbols are allowed).

No concrete vaults are allowed. Simple, unfinished wood caskets only.

Taharah-ritual Jewish washing and shroud are required, but a shomer or watch person is optional.

A particular plot may be reserved for \$100. There are several plots in the new section that were previously reserved and are now unused. Please call for more details.

Contact Joanne Saltman with any questions at: (413)575-0526 or js24saltman@gmail.com

How to Watch SOZ's Shabbat Services on YouTube:

Turn on your computer and speakers.

- 1. Run an internet browser (Internet Explorer or Chrome, for example)
- 2. Type youtube.com in the navigation bar and press enter.
- 3. In YouTube, type Congregation Sons of Zion (not just "Sons of Zion") in the box that says Search and them click on the magnifying glass or press enter.
- 4. Click on the video that has a red "Live" button on the bottom right corner. It may take up to 45 seconds for the video to load.

Services start at 10:00am. Shabbat Shalom!

Sponsor a Shabbat Kiddush

CELEBRATE A BIRTHDAY, HONOR A LOVED ONE, MARK A SPECIAL EVENT OR ACHIEVEMENT, AND SHARE IT WITH YOUR SONS OF ZION FAMILY!

Two Sponsorship Levels:

Sosvin Basic: Our usual Kiddush, which includes lettuce, vegetables, tuna salad, herring, gefilte fish, coffee, juice, and small desserts - \$50



Kishuti "Fancy":

Everything in the Sosvin Kiddush, plus lox, kugel, and fancier dessert if desired -\$75

A Special Thank you to Our Sustaining Members

Andrew Barowsky Ned and Cindy Barowsky Richard and Ellen Freyman Bonnie and Maggie Gruszecki Norman and Marion Halpern Alfred and Lee Hutt Steve and Lois Levin Buddy and Margie Resnic Michael and Joan Rosner Bill and Joanne Saltman

Please consider joining our generous Sustaining Members...at any time!

Congregation Sons of Zion Legacy Society

Congregation Sons of Zion Legacy Society

The following congregants have made arrangements in their wills to leave a bequest to Congregation Sons of Zion and/or have named Congregation Sons of Zion as a beneficiary in their life insurance policy and/or have established a tax-deductible fund for the synagogue, retaining a lifetime income from the fund.

Anonymous (4) Elaine Baskin

Irene Bernstein

Joseph Boucher

David & Nancy Carmen

Louise Citron

James Eisenstock

Andrea Fox

Richard & Ellen Freyman

Albert Goldberg*

Herbert* & Barbara* Goldberg

Debra Goldberg and Seth Waxman

Rose Gorin*

Janet & Richard Greenfield

Rachel Henderson

Alfred & Lee Hutt

Ira Laby

Aaron & Gail Lansky Stephen & Lois Levin Stephen & Joan Levine Sidney* & Elizabeth* Paul Burton & Marjorie Resnic Michael & Joan Rosner William Robbins* & Mollie Blatt* Fllen Saltman* Paul Saltman William & Joanne Saltman Elihu & Joan Schepps Nitza Seaver Charles Weinstein Frances Welson & Thomas Osborn* Sherwin & Rhoda Wernick

Thomas & Eleanor Wilson

*Deceased

Congregation Sons of Zion Legacy Society has participated in Create a Jewish Legacy of Western Massachusetts, which is jointly funded by the Jewish Endowment Foundation and the Harold Grinspoon Foundation. The Federations of Western Massachusetts and the Berkshires are program partners.

For further information about supporting Congregation Sons of Zion through a legacy or planned gift, please contact Michael Rosner at office@sonsofzionholyoke.org or (413)534-3369. Thank you very much.





March Yahrzeits

| March 1 - 7: David Carmen March 22 - 28: Andrea Fox | | | | | |
|-----------------------------------------------------|---------------------------------|-------------------|---------------------------------|--|--|
| March 1 | *David Slotnick | March 22 | Betty Sparkes | | |
| March 2 | *Samuel Alperin | March 23 | *Fannie Eisenstock | | |
| | Judith Kramer Goldberg | | Bertha Herman | | |
| | *Helen Radner | | Martha Messias | | |
| March 3 | *Elizabeth Paul | | Harold Kaiser | | |
| March 4 | Jacob Cohen | | Russell Kenefick | | |
| March 5 | *David Kornetsky | March 24 | *Maurice (Murray) Lipson | | |
| | Betty Rothwell | | *Ethelle Charlotte Wilson | | |
| March 6 | Fannie Margolis | March 26 | *Mordecai Drydack | | |
| March 0 | Sarah Gilman | March 20 | *Irving Kotok | | |
| | Sarah Uliman | | Abraham Nathanson | | |
| March 9 1 | 1. Kan Viau | March 27 | Jacob M. Jackler | | |
| March 8 - 14 March 8 | | March Z7 | | | |
| Marcho | Sadye Saltman Rose N. Pincus | | Molly Goldblatt | | |
| March O | | | *George Laby | | |
| March 9 | *Dorothy Barowsky | Manah 20 | *Miriam "Minnie" Welson Goodman | | |
| March 11 | *Abraham Saltman | March 28 | *Joseph Magaziner | | |
| March 12 | *Edward J. Greenspan | March 20 | Annell A. Disk Frances | | |
| Manal 12 | *Alvin Koufax | <u>March 29 -</u> | April 4: Rich Freyman | | |
| March 13 | Ruth Laskin | March 29 | *Bertha Levinson | | |
| March 14 | *Minnie Goldenberg | | *Teresa Wilson | | |
| | | March 30 | Basha Mehr Cramer | | |
| <u>March 15 - 2</u> | 2 <u>1: Cindy Vieu</u> | | *Jean Orlen Lieban | | |
| March 15 | Sol May | A A | *Samuel Winofker | | |
| | *Raymond Mekler | April 1 | Mrs. Udes Alexander | | |
| March 16 | *Henry Levin | | Beatrice Geiges | | |
| | Sidney Paul | | *Samuel Liberman | | |
| March 17 | Bertha Berman | | Rose Mekler | | |
| | Harry Bloom | | *Harry Stein | | |
| | Abraham Reiner | | *Harry Wernick | | |
| | Louis Rubin | April 2 | Matias Gruszecki | | |
| | *Harry Gold | | *Max Koss | | |
| | *Edith Harmetz | | *Max Smith | | |
| March 19 | Morris Lipnick_ | | *Alex Suher | | |
| March 20 | Joseph Levin-Epstein | | *Samuel Weinstein | | |
| March 21 | *Sandra Lipson | April 3 | Sarah Tanzer | | |
| | *Anna Rachel Marks | | | | |
| | *Florence A. Kostin | | | | |
| | *Abraham Seaver | | | | |
| | | | | | |

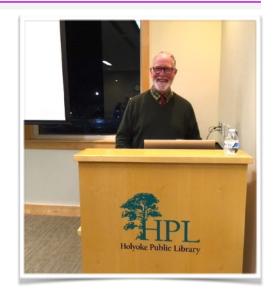
On Monday, minyan is cancelled if the Holyoke Schools are delayed or closed.

On Wednesday, if the weather is inclement call the office at (413)534-3369 after 2pm. The message will be adjusted if the minyan is cancelled.

March 2020

SOZ Adult Education Lecture Series III Provided by Andrea Fox













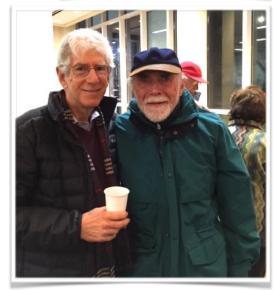
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Volume 5, Issue 7



March 2020

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